



I SEE YOU

IN ORDER TO ADDRESS REASONS BEHIND THE BEHAVIORS IMPACTING A STUDENT'S ABILITY TO LEARN, THIS TOOL SUPPORTS EDUCATORS IN RESPONDING ACCORDINGLY TO THE STUDENT'S WELL-BEING.

BEHAVIOR

SUGGESTED INTERVENTION

AGGRESSION

What you might see:
Annoyance, Impatience,
Rage, Violence

- Adapt a supportive stance (simply be there for a student in crisis)
- Respect student's personal space
- Use supportive choice words and body language



DEPRESSION

What you might hear: No one cares, What is the point, I want to be alone

- See student in private
- Listen and try to see the issue from the student's view point
- Be empathetic (If I am understanding you correctly....)



ANXIETY

What you might see:
Restlessness, Nervousness,
Unease

- Get to know one another
- Focus on effort made
- Offer solutions



DISENGAGEMENT

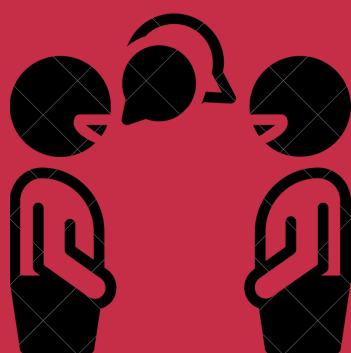
What you might see: Student does not see any relevance in class contents/materials

- Give choices
- Provide student with a purpose

Your Words Matter



HERE ARE 5 IDEAS TO HELP WITH USING THE GUIDE



1.) GATHER MORE INFORMATION

- Would/could you tell me a little more?
- Can you tell me what you need right now?
- Is there anything else you'd like to share?

2.) CLARIFY YOUR UNDERSTANDING

- I want to make sure I understand what you're telling me.
- What I'm hearing is...
- What I hear you saying is... Is that right?



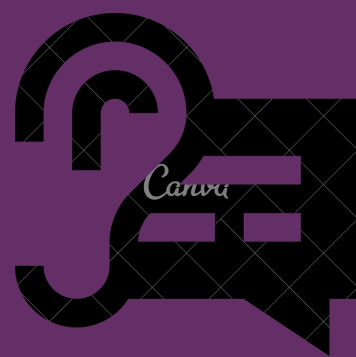
3.) AFFIRM STUDENT'S FEELINGS



- Thank you for sharing this with me.
- I understand you feel that way.
- I'm not sure what to say right now, but I'm here to listen.

4.) SHOW YOU ARE LISTENING

- It sounds to me like this might feel...
- I can sense that you are feeling [emotion]...
- I can hear in your voice that...



5.) BE EMPATHETIC

- I would feel X too in that situation...
- I am sorry you've had to deal with this...
- I appreciate...

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